



**Epping Elementary**  
**“A Day in the Life of Mrs. Darois’ First Grade Class”**

**8:35 Morning Work**

**8:45 Morning Meeting**

*~greeting, morning message, share, group activity*

**9:00 Handwriting**

*~Handwriting Without Tears Handwriting program (letter formation, spacing, punctuation)*

**9:10 Word Study**

*~LRR Phonics/Word Study (skywriting, ‘hammer’ out words, tap and sweep)*

**9:30 Readers Workshop**

*~Readers Workshop (focus lesson, independent reading, group share)*

**10:05 Snack**

*~snack cart 25 cents*

*~water 25 cents*

**10:30 Writers Workshop**

*~Writers Workshop (focus lesson, independent writing, group share)*

*~the writing process (drawings, words, sentences, publishing)*

**11:00 Math**

*~Everyday Mathematics program*

*~whole class instruction*

*~independent and small group work (tactile and kinesthetic manipulatives)*

*~math journals*

**12:00 Wordly Wise**

*~explicit vocabulary instruction*

**12:25 Lunch**

**1:00 Recess**

**1:25 Science/Social Studies/Theme**

**2:00 Special**

*~art, physical education, library, music, enrichment*

**3:00 Dismissal**