

Main Meal \$2.25 students
 Grab and Go Salad Meal \$2.75 students
 Deli Sandwich Bar Meal \$2.75 students
 Choice of Fruit

Epping EH&MS Lunch Menu September 2010

Menu Subject to change

10 oz milk served with meals plain or flavored

9/6 Labor Day No School	9/7 Bosco Cheese Sticks Dipping Sauce Mixed Vegetables Choice of Fruit	9/8 Big Daddy Pizza Tossed Salad Choice of Fruit	9/9 Cheeseburger/WW Roll Tater Tots Green Peas Choice of Fruit	9/10 Spicy Chicken Subs Pasta Salad Glazed Carrots Choice of Fruit
9/13 Chicken Fajita Lettuce-Tomato-Cheese Seasoned Rice Corn Niblets Choice of Fruit	9/14 Spaghetti/ Sauce Meat or Meatless Breadstick Green Beans Choice of Fruit	9/15 Big Daddy Pizza Caesar Salad Choice of Fruit	9/16 Chicken Teriyaki Rice Oriental Vegetables Fortune Cookie Choice of Fruit	9/17 Hot Dog/ Roll Baked Beans Roasted Red Potato Brownie Choice of Fruit
9/20 French Toast Sticks Sausage Hash Brown Apple Crisp Choice of Fruit	9/21 Baked Macaroni & Cheese Ham Slice Broccoli Choice of Fruit	9/22 Big Daddy Pizza Tossed Salad Choice of Fruit	9/23 Beef Taco Spanish Rice Corn Choice of Fruit	9/24 Chicken Tenders Baked French Fries Green Peas Choice of Fruit
9/27 Grilled Cheese Tomato Soup Blueberry Shortcake Choice of Fruit	9/28 Meatball Subs Buttered Noodles Baby Carrots Choice of Fruit	9/29 Big Daddy Pizza Caesar Salad Choice of Fruit	9/30 Rotini Alfredo Chicken & Broccoli WW Bread Turtle Oatmeal Cookie Choice of Fruit	10/1 Teacher's Workshop No School

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