

**Epping Middle & High School  
May 2010 Menu**

Always Available

Main Meal \$2.25 students

Grab and Go Salad Meal \$2.75 students

Deli Sandwich Bar Meal \$2.75 students

Choice of Fruit

10 oz milk served with meals plain or flavored

*Menu Subject to Change*

<b>5/3</b> Grilled Cheese Tomato Soup Peas Choice of Fruit	<b>5/4</b> Big Daddy Pizza Tossed Salad Choice of Fruit	<b>5/5</b> Sloppy Joe/ Roll Tater Tots Corn Choice of Fruit	<b>5/6</b> Stromboli Ham & Cheese Tossed Salad Choice of Fruit	<b>5/7</b> Spaghetti / Meatsauce WW Bread Green Beans Choice of Fruit
<b>5/10</b> Baked Chicken Mashed Potato Baby Carrots Choice of Fruit	<b>5/11</b> Big daddy Pizza Caeser Salad Choice of Fruit	<b>5/12</b> Meatball Subs Pasta Salad Corn Choice of Fruit	<b>5/13</b> Macaroni & Cheese Ham WW Sugar Cookie Dinner Roll Choice of Fruit	<b>5/14</b> Spicy Chicken Subs Rice Pilaf Green Peas Choice of Fruit
<b>5/17</b> Chicken Fajita Lettuce- Tomato- Cheese Mexican Corn Rice Choice of Fruit	<b>5/18</b> Big Daddy Pizza Tossed Salad Choice of Fruit	<b>5/19</b> American Chop Suey Breadstick Broccoli Salad Choice of Fruit	<b>5/20</b> French Toast Sticks Hash Brown Sausage Apple Crisp Choice of Fruit	<b>5/21</b> Chef's Choice Vegetable Choice of Fruit
<b>5/24</b> Chicken / Gravy Mashed Potato Biscuit Glazed Carrots Choice of Fruit	<b>5/25</b> Big Daddy Pizza Caeser Salad Choice of Fruit	<b>5/26</b> Beef Taco Hard Shell Lettuce- Tomato- Cheese Rice, Corn Choice of Fruit	<b>5/27</b> Bosco Sticks Dipping Sauce Green Beans Choice of Fruit	<b>5/28</b> Chicken Caeser Salad Breadstick Blueberry Cake Choice of Fruit

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