

Always Available

Main Meal \$2.30 students

Grab and Go Salad Meal \$2.75 students

Deli Sandwich Bar Meal \$2.75 students

Epping Middle & High School

December 2011 Menu

8 oz milk served with meals plain or flavored

Menu Subject to Change

Happy Holidays!

Brenda Lavigne, Kris McPhee

Linda Bullock, Rachelle Marasca

Ronnie Bush

December 1	December 2
General Tso's Chicken	Mozzarella Sticks
Seasoned Rice	Marinara Sauce
Oriental Vegetables	Buttered Noodles
Pudding cup	Green Beans
Choice of Fruit	Choice of Fruit

December 5	December 6	December 7	December 8	December 9
Turkey Taco	Homemade Lasagna	Big Daddy Pizza	Steak & Cheese Flatbread	No school
Lettuce-Tomato-Cheese	Meatballs	or Garlic Bread Pizza	Baked Tater Tots	Professional Development
Spanish Rice	Garlic Bread	Caesar salad	Chicken Rice Soup	
Corn	Broccoli	Choice of Fruit	Green Peas	
Choice of Fruit	Choice of Fruit		Choice of Fruit	

December 12	December 13	December 14	December 15	December 16
Chicken Cordon Bleu Sub	Cheese Quesadilla	Big Daddy Pizza	Spaghetti/ Alfredo Sauce	Cheeseburger/ WWRoll
Rotini	Buttered Rice	Spinach Salad	Chicken	Sweet Potato Fries
Pickled Beets	Glazed Carrots	Choice of Fruit	Broccoli	Three Bean Salad
Choice of Fruit	Choice of Fruit		Garlic Bread	Choice of Fruit
			Choice of Fruit	

December 19	December 20	December 21	December 22	December 23- January 1
Grilled Cheese	Roast Pork	Big Daddy Pizza	Pancakes	No School
Tomato Soup	Mashed Potato	Tossed Salad	Scrambled Eggs	Holiday Break
Mini Salad	WWRoll	Choice of Fruit	Hash Brown	
Choice of Fruit	Mixed Vegetables		Sausage	
	Holiday Dessert		Choice of Fruit	
	Choice of Fruit			

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