

Always Available

Main Meal \$2.30 students
 Grab and Go Salad Meal \$2.75 students
 Deli Sandwich Bar Meal \$2.75 students
 8 oz milk served with meals plain or flavored

Epping Middle & High School

February 2012 Menu

Menu Subject to Change

February 1

Big Daddy Pizza
 White Pizza
 Caesar Salad
 Choice of Fruit

February 2

American Chop Suey
 Garlic Bread
 Green Beans
 Harvest Cake
 Choice of Fruit

February 3

Max Cheese Sticks
 Dipping Sauce
 Beef Vegetable Soup
 Choice of Fruit

February 6

Chicken Sandwich/WWRoll
 Seasoned Rice
 Cole Slaw
 Choice of Fruit

February 7

Hot Roast Beef Sandwich
 Mashed Potato/ Gravy
 Green Peas
 Choice of Fruit

February 8

Big Daddy Pizza
 Cheese or Pepperoni
 Tossed Salad
 Choice of Fruit

February 9

Ham & Cheese Croissant
 Chicken Vegetable Soup
 Baked Tater Tots
 Choice of Fruit

February 10

Chicken Caesar Wrap
 Buttered WW Noodles
 Apple Frudel
 Choice of Fruit

February 13

Pancakes
 Scrambled Eggs w/ Cheese
 Roasted Red Potatoes
 Sausage
 Choice of Fruit

February 14

Chicken Alfredo Bake
 WW Bread
 Broccoli
 Oatmeal Choc Chip Cookie
 Choice of Fruit

February 15

Big Daddy Pizza
 Personal Pizza
 Spinach Salad
 Choice of Fruit

February 16

Meatball Sub
 Tortellini Salad
 Mixed Vegetables
 Choice of Fruit

February 17

Chicken Quesadilla
 Salsa Rice
 Corn
 Choice of Fruit

February 20

No School
 Professional Day

February 21

Sweet & Spicy Orange Chicken
 Brown Rice Pilaf
 Oriental Vegetables
 Choice of Fruit

February 22

Big Daddy Pizza
 Garlic Bread Pizza
 Baby Greens Mixed Salad
 Choice of Fruit

February 23

Homemade Cheese Lasagna
 Meatballs
 WW Breadstick
 Green Beans
 Frozen Dessert

February 24

Grilled Cheese
 Tomato Soup
 Goldfish
 Apple Crisp

February 27 - March 2 Winter Vacation

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