

IHAM – HEALTH EDUCATION REQUIREMENT & EXEMPTION

Consistent with Department of Education requirements, health and physical education, including instruction about:

1. Parts of the body, reproduction, and related topics
2. Alcohol, drug, tobacco, and related topics
3. HIV/AIDS and related topics
4. Protection from abuse, abduction, exploitation, and related topics.

Instruction must be appropriate to grade level, course of study, and development of students and must occur in a systematic manner. Health and physical education curriculum must meet District goals, philosophies, and curriculum. School administration may ask the local law enforcement officials for assistance in providing instruction to students and/or staff. Parents/guardians will have the right to inspect and review health and physical curriculum and instruction materials which will be made reasonably accessible to parents/guardians and others to the extent practicable. Parents/guardians who wish to review or inspect health and physical education curriculum and materials may arrange a meeting with the School Principal.

Opt-Out Procedure

Parents/guardians, or students over eighteen years of age, who do not want their child to participate in a particular unit of health or sex education instruction, are allowed to have their child opt-out of such instruction.

Parents/guardians who wish to have their child opt-out of such instruction are required to request a waiver in writing to the School Principal. This waiver is to identify the particular unit of curriculum in which the student is not to participate. Any student who is exempted by request of the parent/guardian under this policy may be given an alternative assignment sufficient to meet state requirements for health education. The alternative assignment will be provided by the health or physical education teacher in conjunction with School Principal. The submitted waiver is to be in writing and is to include an explanation regarding the alternative assignment if applicable.

Health and physical education waivers must be submitted annually and are valid only for the school year in which they are submitted.

Per School Board Policy IKF High School Graduation Policy, health education credit is required to receive a high school diploma.

Statutory/Regulatory/Policy/Handbook Cross References

ESD Policy IKF (High School Graduation Policy)

ESD Policy JLCCA (HIV/AIDS)

ESD Policy JLCI (Coordinated Health Program)

NH Code of Administrative Rules, Section Ed 306.40, Health Education Program

NH Code of Administrative Rules, Section Ed 306.41, Physical Education Program

RSA 186:11, IX-b, Health and Sex Education RSA 651-B:7, Registration of Criminal Offenders

RSA 169-C, Child Protection Act

RSA 169-C:29, Persons Required to Report

Handbook (Student)

APPROVED: July 21, 2011

PREVIOUS POLICY: None