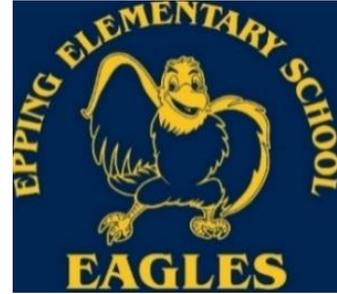


March 27, 2020

COOL NEWS



Thoughts from Dr. Benna

Here's hoping that everyone is hanging in there. Even the uncertainty of days ahead and the frantic pace of making sense of the present, the folks at EES have been pouring their efforts into providing your kids with fun and meaningful remote learning experiences.

I do anticipate, however, that as we move forward there will be adaptations to how teachers are providing kids with remote learning opportunities. There are real differences in what can be considered developmentally appropriate learning and teaching practices in an elementary school – from little tykes in our Preschool all the way to Fifth Graders who are beginning to internalize and practice self-direction and autonomy.

In as much this influences how teachers teach when students are *at* school, it impacts how teachers will structure and facilitate remote learning. If you have more than one student at our school, please know that teachers and grade levels are making the best decisions possible. The opportunities and expectations of a First Grader, for example, are likely to be different from those of Fourth Grader.

We are thinking through and planning the transition from temporary to longer-range period of time for remote learning. Within and across grade-levels we have started discussions about how to refine and make good curriculum choices in the days ahead. We recognize that the pandemic has deep implications for the scope and sequence of our curriculum Preschool-Grade 5 no matter when kids return, whether it's in May or June or September.

If nothing else... Please know that we are and will continue to do our best. We will make adjustments along the way and we'll be asking families to do the same. What we are doing this week might be a little bit different than three weeks from now. We ask for your patience as well all muddle our way forward.

Be well! Be safe! Find moments for fun!

Just for fun! Unified Arts Bingo!

Our Unified Arts teachers made two super-cool Bingo cards for kids and families to play together. (They are not an assignment... They're just for fun!) They're found on the following pages of this edition of *Cool News*.

K-2 UA Bingo Board

B	I	N	G	O
<p>Listen to a story on Storyline Online https://www.storylineonline.net/</p>	<p>Draw a picture of your favorite musical instrument.</p>	<p>Ride your bike or scooter for 20 minutes.</p>	<p>Go outside and look for signs of spring, like flowers, green plants, buds on trees or birds chirping.</p>	<p>Try a lunchtime doodle with Mo Willems https://www.kennedy-center.org/education/mo-willems/</p>
<p>Use pots and pans to perform a one minute musical concert. Email your concert to Ms Ollari Barry jenollaribarry@eppingsd.org</p>	<p>Take a picture of the book you are reading and email it to Mrs. Rossel krossel@eppingsd.org</p>	<p>Find something in your house that makes a loud sound and something that makes a quiet sound.</p>	<p>Draw a picture of something you see outside.</p>	<p>Find something outside that makes music.</p>
<p>Complete this nature bingo: https://www.takethemoutside.com/wp-content/uploads/2018/03/nature-pj-av-scavenger-hunt-and-bingo-colour-1.pdf</p>	<p>Try a how to draw video https://www.artforkidshub.com/</p>	<p>Free</p>	<p>Jump rope for a total of 5 minutes. If you don't have a rope just pretend you have one and jump.</p>	<p>Count all of the letters in your full name. How many are there? Run that many times around the outside of your house.</p>
<p>Listen to Music that doesn't have any words!</p>	<p>Invent a new animal. Think about where it might live. Draw a picture of this new animal and its home. Take a picture and email it to Mrs. Hill ahill@eppingsd.org</p>	<p>Eat a healthy snack. AND Drink 5 glasses of water throughout the day.</p>	<p>Sing and read along with Emily Arrow https://www.youtube.com/channel/UCF3fmzbEwONd0Trijhqeauw</p>	<p>Build the tallest tower possible out of legos, blocks, cups, or any other objects that you have.</p>
<p>Play catch with someone. Can you catch something: Kindergarten-25 times First Grade-30 times Second Grade-40 times</p>	<p>Draw a picture of yourself. Share it with Mrs Boudreau sboudreau@eppingsd.org</p>	<p>Build a ramp out of found materials. Can you find at least 5 objects that will roll down it? 5 that will slide down it?</p>	<p>Listen to your favorite Disney song.</p>	<p>Draw a picture of your favorite book character.</p>

3-5 UA Bingo Board

B	I	N	G	O
Take a picture of the book you are reading and email it to Mrs. Rossel krassel@epiningsd.org	Find something outside that makes music.	Write a poem, song, story, or fun facts about science and email it to Mrs. Hill ahill@epiningsd.org	Do a puzzle	Go outside and draw a picture of something you see. Then you turn this sketch into a finished drawing
Listen to music that doesn't have any words.	Draw a picture of your favorite book character.	Go outside and set up two marked spots. Run between them chanting "UngaBunga me like run" 6 times. If you laugh, start over.	Stretch for 10 minutes. Hold each stretch for 20-30 seconds and don't forget to breathe.	Using found objects, make a catapult. Try to launch a small object. Measure how far it travels
Visit National Geographic and choose a "Try This" video to watch. If you can, try it!! https://kids.nationalgeographic.com/videos/try-this/	Play Yahtzee and whenever it is your turn get into a pushup plank position and roll the dice in that position.	FREE	Visit the comic artist Merek Bennett's how to fold an 8 page book and make your own comic https://www.youtube.com/watch?v=D-Zem_FXRSA	Choose one instrument family (brass, woodwinds, strings, percussion) and find music that ONLY has instruments from that family
Draw a self-portrait and email it to Mrs Boudreau. sboudreau@epiningsd.org	Do the entire chicken dance and then get angry at yourself for choosing this box.	Create a 1 minute concert using only objects found in your house. Email your performance to Ms. Ollari Barry jenollaribarry@epiningsd.org	Email Mrs. Rossel and tell her about what you are reading! krassel@epiningsd.org	Do any activity outside for at least 20 minutes
Make a beat using incredibox incredibox.com https://www.incredibox.com/demo/		Complete this Nature Bingo: https://www.takethemoutside.com/wp-content/uploads/2018/03/nature-plav-scavenger-hunt-and-bingo-colour-1.pdf	Eat 3 vegetable servings today.	Read something other than a book: a recipe, cereal box, directions for a board game, etc. Think outside the box (or book!)

Capture Your Memories in This Year's Epping Elementary School Yearbook



Customize Your 2 Free Pages

- Add photos from your computer, Facebook, Instagram, Google Drive & more.
- Answer fun Memory Questions to help remember the year.
- The 2 Custom Pages are FREE and are printed ONLY in your book. Want more pages? Each additional 2 pages is just \$0.99.

To Purchase & Customize Your Yearbook

Must be a parent or student 13 years or older.

- 1 Go to www.treering.com/validate
- 2 Enter your school's passcode:
1014847648323584

Regular Price: **\$12.00**

*Does not include sales tax, if applicable

Deadline: Apr 22

TreeRing



EYAA T-ball, Softball and Baseball sign-ups are now open!



T BALL

4 year old T-ball

This is a skills and drills introduction focusing on the basic fundamentals of the game. This program will be 45 minutes on Saturday mornings.

T-ball Baseball

This is for 5 and 6 years old who want to learn the fundamentals of hitting and fielding. T- Ball will have practice one weeknight per week and games will be on Saturday mornings.

Baseball

Rookies (Coach Pitch)

Rookies is for players who will be league age 6, 7, and 8. All Rookie teams are coach pitch. These teams will have one practice a week and games are on Saturday mornings in Epping, Newmarket or Stratham.

Minors (Player Pitch)

Minors division is for players who will be league age 9, 10. These teams will have practice during the week, as well as one game during the week and one game on Saturdays in Epping, Newmarket, or Stratham.

Majors

The Major Division is for boys who will be league age 11, or 12. These teams will have practice during the week, as well as one game during the week and on game on Saturdays in Epping, Newmarket, or Stratham. Players are encouraged to play for school and EYAA.

SOFTBALL

U8: Designed to be instructional play in a fun and engaging environment. There are 1-2 games per week.

U10: This program builds on the foundations while incorporating game specific skills such as stealing and live pitching.

U12, U14 and U16: These programs cater to our older players and look to support the fundamental skills learned at the younger levels, while incorporating game strategy and full field play at a faster pace. Players are encouraged to play both school and EYAA level

Registrations close March 16th 2020.

****Please be sure to register by then to avoid a late fee****

Financial assistance is available- please reach out to Jason at Jason@eyaa.org if needed.

**Visit www.eyaa.org for more information and to
register your players!**