EPPING ELEMENTARY SCHOOL

17 Prospect St. Epping, NH 03042
p (603) 679 - 8018
f (603) 679 - 9822

SAU14.org

Principal - Heather Cantagallo
Assistant Principal - Bill Hinkle

heather.cantagallo@eppingsd.org
bill.hinkle@eppingsd.org

EES Family Letter ~ February 19, 2021

Thanks to the Student Council for organizing our super fun spirit week this week! We hope that everyone has a wonderful vacation! Please note that our office will be closed during the vacation week. If you need immediate assistance over the break, please text or call my cell (603) 345-7221.

If you have not filled out the Portrait of Graduate Survey, please do so now! On Tuesday, a team will begin reviewing this information and take the next steps to continue this process. Your feedback is essential in this process.

1st Annual Unicorn Door Decorating Contest: Congratulations to Mr. Chase's 3rd grade class for winning the contest. Mr. Hinkle and I are looking forward to our special recess time with them!

Oh My, Time is Running Out! Buy the EES Yearbook Today! You can order by clicking here.

Yearbook Cover: It is time for our yearbook cover design contest! Please click here to find out the details. The deadline for submission is 3/1/21.

Lasagna Love: Our staff was recently the recipient of some "Lasagna Love" thanks to Melanie Bergin who nominated us. Do you know someone who would benefit from a lasagna drop-off? Maybe you know a family that is dealing with job loss, health issues, food insecurity, grief, front line stress, etc . . . Maybe you know someone who is always helping others and deserves a free meal! 🥰🥰 Maybe it's you! Sign them up or reach out and let them know they can sign up for free. Sign yourself up! They would love to have more families to help! www.lasagnalove.org

Remote Meals: Remote meals are available for pickup Mondays for Monday/Tuesday, and Wednesday for Wed/ Thursday/ and Friday. The menu link is here.

Parent Resource: Please click here to access parent information about a chat site that kids have begun to discover.

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Wellness Challenge: We are challenging our students and staff to "climb" all forty-eight 4,000 footers in New Hampshire. Each activity that you complete will equal to climbing 10ft of the mountain. Students can put a sticker on the mountain for each activity. If it is helpful, you can collect the stickers for the activities that students complete and we can place the stickers on the mountain -please let us know and we can work that out. We will provide a roll of stickers to each team leader for every grade level Pre-K-5. UA teachers, please let the classroom teacher know to add stickers for activities. The activities that can be counted towards the climb are: GoNoodle, Physical Education Class, Active Recess, Sports/Athletic Activity, and Family physical activity.

The grade with the most stickers per mountain will have an extra recess with Ms. Cantagallo and Mr. Hinkle! (and we can't wait!)

Pre-K- Teal	Kindergarten- Red	First- Orange	Second- Yellow
Third- Green	Fourth- Blue	Fifth- Lavender	

Reminder: Please remember that smoking is not allowed on school grounds. We have had recent reports of folks smoking in the car line. We appreciate your understanding.

Remote Supplies: Please be sure that students return the chromebooks, scissors, glue and other art supplies each time we have remote days. We have run into some issues with kids not having what they need for school because they left it at home. Any help is greatly appreciated!

Unified Art Teacher Contacts: Please contact the teacher that represents your child's grade level if you have questions. Please click here to see the updated unified arts schedule.

- **First Grade:** Kirsten Rossel (Media/Library Specialist) krossel@eppingsd.org
- **Kindergarten and Second Grade:** Daniel Bastien (Physical Education) dbastien@eppingsd.org
- **Third Grade:** Jennifer Ollari Barry (Music) jenollaribarry@eppingsd.org
- **Fourth:** Sarah Boudreau (Art) sboudreau@eppingsd.org
- **Fifth:** Debbie Jankowsky (Technology) djankowsky@eppingsd.org

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From Mrs. Young, Our School Nurse: It has been quite a long haul, but we all need to hang in there and do our part!

If your child is sick (no matter how minor the symptoms) they CAN NOT attend school until they are feeling better AND have had a negative covid test or have quarantined at home for 10 days.

UPDATED: Parent's Guide When to Stay Home, Get Tested, and Return- click **10 day quarantine- Flow Chart Covid-19.pdf**

UPDATED 10 Day QUARANTINE GUIDANCE:You must complete a 10 day home quarantine if:

- Exposed to someone confirmed or suspected of having COVID-19
- Traveled outside New England
- Please check out this link: Self Quarantine Guide

Some additional links:

- Priority testing locations for school students and staff
- I tested positive for COVID-19
- I was exposed to COVID-19

NH COVID-19 Travel Guidance:
https://www.dhhs.nh.gov/dphs/cdcs/covid19/documents/travel-guidance.pdf

If your child comes to school with symptoms of the Parent Screening Guide (see link above) they will be sent home from school (even if only minor).

These symptoms may just appear to be a mild cold or allergies, but could also be signs of Covid-19. It is very important to follow-up with your child's doctor if they need to stay home sick. We are asking that you get a doctor's note for your child if they are out of school due to an illness, even if only minor. Thank-you for doing your part to keep our students, staff, and community healthy!

In case you missed the news NH is now vaccinating individuals in phase 1B. Not sure if you qualify? Check out the criteria at: https://www.vaccines.nh.gov/

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EES PTO News!

Follow us on Facebook at Epping PTO and join our meeting on the 1st Monday of each month

Help the PTO while shopping:

- Choose Epping Elementary PTO while shopping on AmazonSmile!
  - Amazon Website - Replace your Amazon shortcut with https://smile.amazon.com/ and choose Epping Elementary PTO as your eligible charity. We'll then receive 0.5% from your eligible purchase amount.
  - Amazon App - Open the Amazon app and find 'Settings' in the main menu (☰). Tap on 'AmazonSmile' and follow the on-screen instructions to turn on AmazonSmile on your phone or tablet.
- Share with friends and family!

Have a wonderful weekend!
Heather Cantgallo & Bill Hinkle
(603-345-7221) *(603-557-4734)*

Upcoming Events:	**Helpful Links**:
• 2/22 - 2/26 No School - Vacation! • 3/1 PTO Meeting • 3/4 School Board Meeting	March Lunch Menu School Calendar

Connect with EES:

School Messenger App: download by clicking here.

Follow us on Facebook: https://www.facebook.com/Epping-Elementary-School-733249283404710/

Follow us on Instagram: https://www.instagram.com/ eppingelementarynh

View our website: https://www.sau14.org/ees