Epping Elementary School Menu
February 2024 ST - BREAKFAST - BREAKFAST - BREAKFAST - BREAKFAST - BREAKFAST - BREAKFAST - BREAKFAST - BREAKFAST - BREAKFAST - BREAKFAST - BREAKFAST - BREAKFAST - BREAKFAST - BREAKFAST - BREAKFAST - BRE

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |  |
| :--- | :--- | :--- | :--- | :--- | :--- |
| bagel $\%$ | breakfast roll | waffles | MiniPancakes | pancake pup |  |
| -or - cereal bowl \& side $\%$ | -or - cereal bowl \& side $\%$ | -or - cereal bowl \& side $\%$ | -or - cereal bowl \& side $\%$ | -or - cereal bowl \& side $\% \%$ |  |
| fruit/juice | fruit/juice | fruit/juice | fruit/juice | fruit/juice |  |

bfast sandwiches daily - vegetarian entrees available! - ask about gluten-free or dairy-free options - extra entrees only \$1.50

- LUNCH - LUNCH - LUNCH - LUNCH - LUNCH - LUNCH - LUNCH - LUNCH - LUNCH - LUNCH - LUNCH - LUNCH - LUNCH - LUNCH - LUNCH - LUNCH - LUNCH - LUNCH - LUNCH - LUNCH - LUNCH - LUNCH - LUNCH - LUNCH - L

Add accout funds

## Check menus and offerings <br> See allergen information Set spending limits

## 7 Pizza Wedge cheese or pepperoni romaine salad fruit cup 14 Pizza Wedge

cheese or pepperoni
romaine salad t
fruit cup


Hot Diggity Dog $\star^{2}$


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| :--- |}


Bowtie Meatballs
~ \& garlic breadstick
$\stackrel{\text { ® }}{\sim}$
broccoli florets
fruit cup
Chicken Penne
fruit cup $\star$

## 19



Grill Cheese \& Soup!
available without cheese cheese sandwich
classic tomato soup
fruit cup
fruit cup
Chicken Tenders
with dipping sauces
oven fries
fruit parfait
23
Burger
available without cheese
oven fries
fruit cup
March ist

## Winter Break



Bistro Box combo meals
Grilled Cheese \%
Sunbutter \& Jelly \%


Please preorder for any allergy concerns

Daily fresh/dried fruits; apple, orange, banana, melon, berry, raisin. Daily fresh veggie cups might include carrot, cucumber, green bean tomato. Each week we offer a mix of vegetables that include all subgroups, like dark green, red-orange, starchy, bean \& pea, and more. All meals served with a choice of $1 \%$ white or fat-free chocolate milk.

Epping Food Services reserve the right to change this menu as necessary. Shortages in distribution and production are leading to many ingredients becoming unavailable

Contact Epping's food service director and exec. chef Moss Crutchfield regarding menu details, special dietary needs, and allergy policies: 603-679-5472 $\times 6$

