Epping Elementary School Menu				February 2024	rev.01/25/24	
ST - BREAKFAST - B						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
bagel 🌿	breakfast roll	waffles	MiniPancakes	pancake pup 🗖		
-or - cereal bowl & side 🌿	-or - cereal bowl & side 🜿	-or - cereal bowl & side 🌿	-or - cereal bowl & side 🏄	-or - cereal bowl & side 🐝		
fruit/juice	fruit/juice	fruit/juice	fruit/juice	fruit/juice		TODINC
bfast san	dwiches daily - vegetarian entrees	available! - ask about gluten-free or	⁻ dairy-free options - extra entrees	only \$1.50		EPPING
- LUNCH - LUNCH - LUNCH - LUNCH - LUI	NCH - LUNCH - LUNCH - LUNCH - LUNCH - LUI	NCH - LUNCH - LUNCH - LUNCH - LUNCH - LUN	CH - LUNCH - LUNCH - LUNCH - LUNCH - LUN	ICH - LUNCH - LUNCH - LUNCH - LUNCH - LU	ALSO AVAILABLE DAILY:	FUUD SERVICE
			1	2		
		Add accout funds	Hot Diggity Dog 📌 🇖	Burger 🗖 🖗 🛛 🖌	Bistro Box combo meals 🍕	:
	Connect	Check menus and offerings	*	available without cheese	Grilled Cheese 🛛 🧏	
	ONLINE PORTAL	See allergen information	baked beans 🚬 📩 📩	oven fries 🛛 📩	Sunbutter & Jelly 🛚 🧏	
		Set spending limits	fruit parfait 🗮	fruit cup 🛛 📩		
			FFVP: Blood Orange		"Take 5" to make it a meal	ALLERGEN KEY
5	6	7	8	9	meats &	contains Pork
Bowtie Meatballs 🛛 📩 📩	Soft Taco Bowl	Pizza Wedge 😾 🐾	Brunch Bunch! 💉	Grill Cheese & Soup!	🔶 meat-alternatives	Gluten-free avail. 🌿
🙄 & garlic breadstick	9.24 M	cheese or pepperoni	French Toast sticks & sausage	warm cheese sandwich	whole grains & breads	Vegetarian avail 🖉
🖇 broccoli florets	Cuban black beans 🔒 📩	romaine salad	hasbrown \star	classic tomato soup 🗎	*	
fruit cup	fruit smoothie	fruit cup	fruit parfait 📩 🗮 🕇	fruit cup	fruits & vegetables	@EppingFNS
	FFVP: Pineapple		FFVP: Tri-Color Carrot	·	thoice of milk	
12	13	14	15	16	Choose Three, Four	and events, or to give feedback.
Chicken Penne 🛛 🕂 💋	Nachos 🗙	Pizza Wedge 😽 省	Bosco Stix 🧖 🛨 🕇	Chicken Tenders 📌 🥂	even <i>Five</i> differently	
♀ with garlic bread	avail. vegetarian	cheese or pepperoni	cheese-filled breadstick	with dipping sauces	colored stars for a meal	
🔰 broccoli florets 🕁	charro beans 🛛 🖈	romaine salad	marinara cup 🔶 🗡	oven fries 🛛 🛨		We look forward to serving you!
fruit cup ★	fruit smoothie 🛛 🕇	fruit cup	fruit cup 🖌 🗡	fruit parfait 🛛 🗡	but you must take a fruit or	
F	FFVP: Grape Tomato	[FFVP: Pomegranate		veg!	
19	20	21	22	23	Please preorder for	any allergy concerns
Chicken Potstickers	Mac & Cheese 🛛 🥙	Pizza Wedge 😽 🕌	Hot Diggity Dog 🛛 📌 🖉	Burger 🥙 🔆	· · · · · · · · · · · · · · · · · · ·	
₹ ★ & fortune cookie!	**	cheese or pepperoni	*	available without cheese		
♦ broccoli florets	sunshine carrots 🔸	romaine salad	baked beans 🛛 📩 📩	oven fries 🛛 📩	Daily fresh/dried fruits; apple, or	ange, banana, melon, berry, raisin.
fruit cup	fruit smoothie	fruit cup	fruit parfait	fruit cup 📩		ude carrot, cucumber, green bean,
in die eup	FFVP: Black Mission Fig	in dire cop	FFVP: Starfruit	in dire cup		mix of vegetables that include all orange, starchy, bean & pea, and
26	27	28	29	March 1st		a choice of 1% white or fat-free ate milk.
	2/		-7		chocol	
5			Se catto	¥1.		
See		Winter Break	N NO WE NOW			erve the right to change this
	THILLY DICUN			A A A A A A A A A A A A A A A A A A A	menu as necessary. Shortages in distribution and production are leading to many ingredients becoming	
			***			ailable
				AND KK		

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Contact Epping's food service director and exec. chef Moss Crutchfield regarding menu details, special dietary needs, and allergy policies: 603-679-5472 x6