## **Epping Schools Health Plan**

- 1. Stay home when sick. If you have symptoms of illness stay home and get well. Must be fever free for 24 hours (without taking fever-reducing medication) before return.
- 2. If you test positive for COVID stay home for 5 days. You may return on day 6 if symptom-free (no negative test required, no masking required upon return). If you have symptoms of illness stay home (see rule number 1).
  - COVID absences are excused when proof of a positive test (appropriately labeled) or medical documentation is provided to the school nurse.

\* The nursing staff will continue to work with families and their special circumstances and medical needs. Our goal is to keep our students and staff as healthy as possible and maximize everyone's ability to attend school.

If you have any questions, please feel free to reach out to us.