

# A Parent's Guide **2** When to Return to School

## **1** Check for any New/Unexplained\* Symptoms at home or in school



SYMPTOMS

- Fever (100F) or chills
- Feels feverish
- Cough, shortness of breath
- Sore throat, nasal congestion, or runny nose
- Fatigue
- Muscle or body aches
- Headache
- Nausea/vomiting
- Diarrhea
- MIS-C symptoms: rash, neck pain, bloodshot eyes, abdominal pain

*\* If student has a documented chronic condition that accounts for symptoms, they are not considered "new/unexplained."*

If yes at home...  
Isolate at home

If yes at school...  
Students will be dismissed

### Get COVID-19 Test

Positive Test	Negative Test	No Test
10 days after SYMPTOM onset	24 hours of NO fever (without use of meds)	10 days after SYMPTOM onset
<b>AND</b>	<b>AND</b>	<b>AND</b>
24 hours of NO fever (without use of meds)	Symptoms have improved	24 hours of NO fever (without use of meds)
<b>AND</b>		<b>AND</b>
Symptoms have improved		Symptoms have improved
		<b>OR</b>
		Doctor's note indicating alternative diagnosis

**\*Before** returning to school, you must contact the school nurse directly and send in your child's Covid-19 test results **AND/OR** written documentation of an alternative diagnosis from the physician that explains the student's symptoms to the school nurse.

Without a COVID-19 test or alternative diagnosis from the physician, the **earliest** date we would expect your child to return to school is: \_\_\_\_\_

Please contact the school nurse if you have any questions or concerns.

## **3** 10-Day Quarantine\*\* if...

- Exposed to someone confirmed or suspected of having COVID-19
  - Traveled outside New England
- AND** have a negative PCR test on or after day 7 \_\_\_\_\_

\*\*\*If you choose not to have a Covid-19 PCR test than you will need to follow the 14 day quarantine guidance.

